

Every Child Ready to Read @ Dallas®

Painting with Colored Yolk

By Dorayne Breedlove

Links to Literacy: This activity gives children a chance to practice making letters.

What you'll need:

2 pieces of sliced bread
1 clean water color brush
Food Coloring
4 eggs
4 small bowls
1 cup of water
*package of prepared sugar cookies for variation

What to do:

Separate eggs and put each yolk in a small bowl. Scramble yolk until it is smooth. Add 2-3 drops of food coloring into each bowl so that each bowl is a different color. Mix food coloring and yolk together until blended. Paint the bread by dipping the water color brush into the yolk mixture. Clean the yolk paint by dipping the brush in the cup of water. When your child is finished, place the bread in the toaster for a colorful treat.

Variations:

For younger children, they can finger paint on a large sugar cookie before it goes into the oven to bake. Older children can have fun with sugar cookies and the paint brushes.

Suggested books:

Big Fat Hen by Keith Baker
The Little Red Hen by Byron Barton

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